



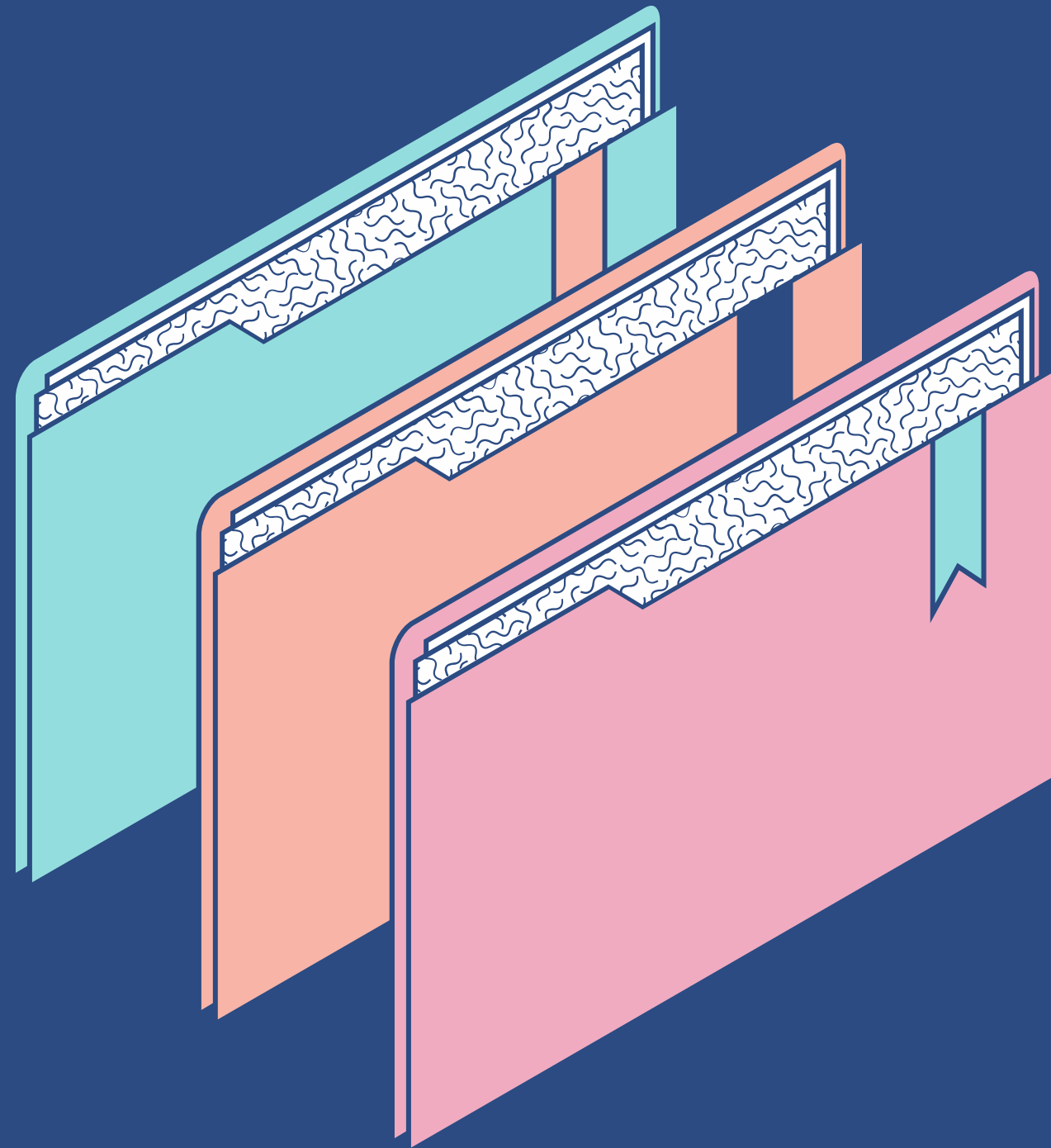
ST DAVID'S
RC HIGH SCHOOL

A QUICK INFORMATION GUIDE

Technology and Parenting

A look at the importance of technology and how we manage it



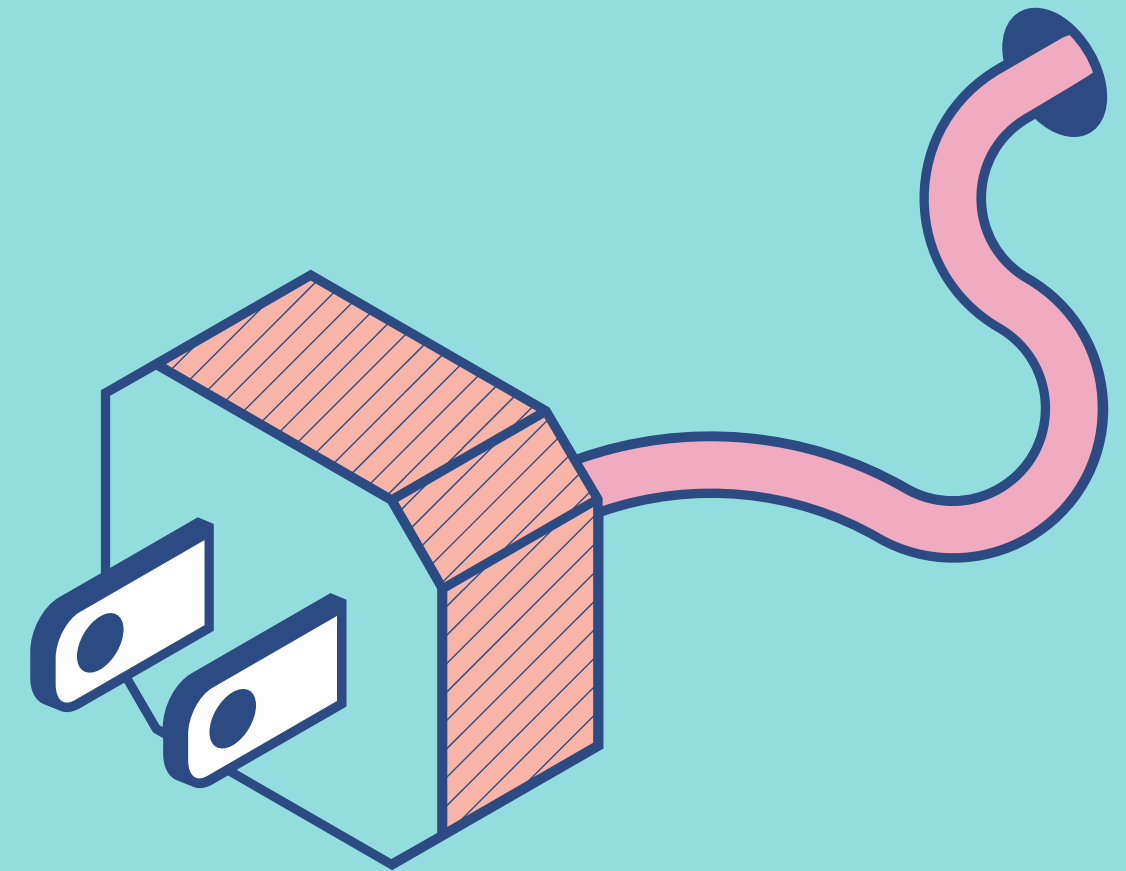


Agenda

- The impact of technology on students
- Tips and strategies to use at home
- Apps that help us manage technologies at home

The Impact of Technology on Teaching and Learning

Technology is a powerful tool that has changed how teachers teach and how students learn. It has provided people with access to education and access to different ways of communicating and working together.



Benefits to Students

HOW TECHNOLOGY
HELPS STUDENTS
LEARN



Allows for a more personalized learning experience

Students have more freedom to choose the methods and tools that help them learn best.

Improves students' communication skills

Students have access to different channels where they can communicate and collaborate with teachers and fellow students.

Helps students prepare for the future

Students become equipped to face a highly technological future and will be able to easily adapt.

Tips and Tricks

HOW TECHNOLOGY CAN HELP AT HOME



Keep in mind your long-term parenting goals

Align your strategies for managing tech with your overall parenting objectives, keeping in mind that rules are not meant to confine your children; they are there to help them learn.

Children are more likely to follow rules if part of the process

- Use concepts and examples that are clear to your child.
- Listen carefully and hear their feelings.
- Discuss the rules with them and make concessions that work for all.

Schedule Low-tech or No-tech Times -

- It gives a clear guide for when it is okay and not okay to use technology.
- It also creates an opportunity for the family to connect.
- Try to limit entertainment screen time to 2 hours.

Tips and Tricks

HOW TECHNOLOGY CAN HELP AT HOME



Set Clear Consequences if the Rules for Technology are Broken

- Have a conversation about safety.
- Ask them what the consequence should be if something like this happens again.
- Collaborate and agree, then follow through if it occurs again.
- If your child is too young for a conversation like this, they are too young to participate in social media.

Acknowledge the value of games and screen-time

Take an interest in what they're doing.

- Try playing electronic games with your kids.
- Don't diminish what they love. Try and encourage a balance between technology and face-to-face interaction.

Teach, build, and model skills

Emotional regulation, impulse control, and critical thinking are key in society.

- Talk about what you are doing and why you are doing it.
- Model behaviour that you want them to emulate.
- Reinforce positive behaviour.
- Make room for struggles, develop autonomy, and mistakes. They help us learn.

Apps to help manage devices

1

2

3

4

5

APPLE
SCREEN
TIME

Free



GOOGLE
FAMILY
LINK

Free

Up to the age of 13



MICROSOFT
FAMILY
SAFETY

Free



XBOX FAMILY
SETTING/
PLAYSTATION
PARENTAL
CONTROL

Free

Managed through a PC



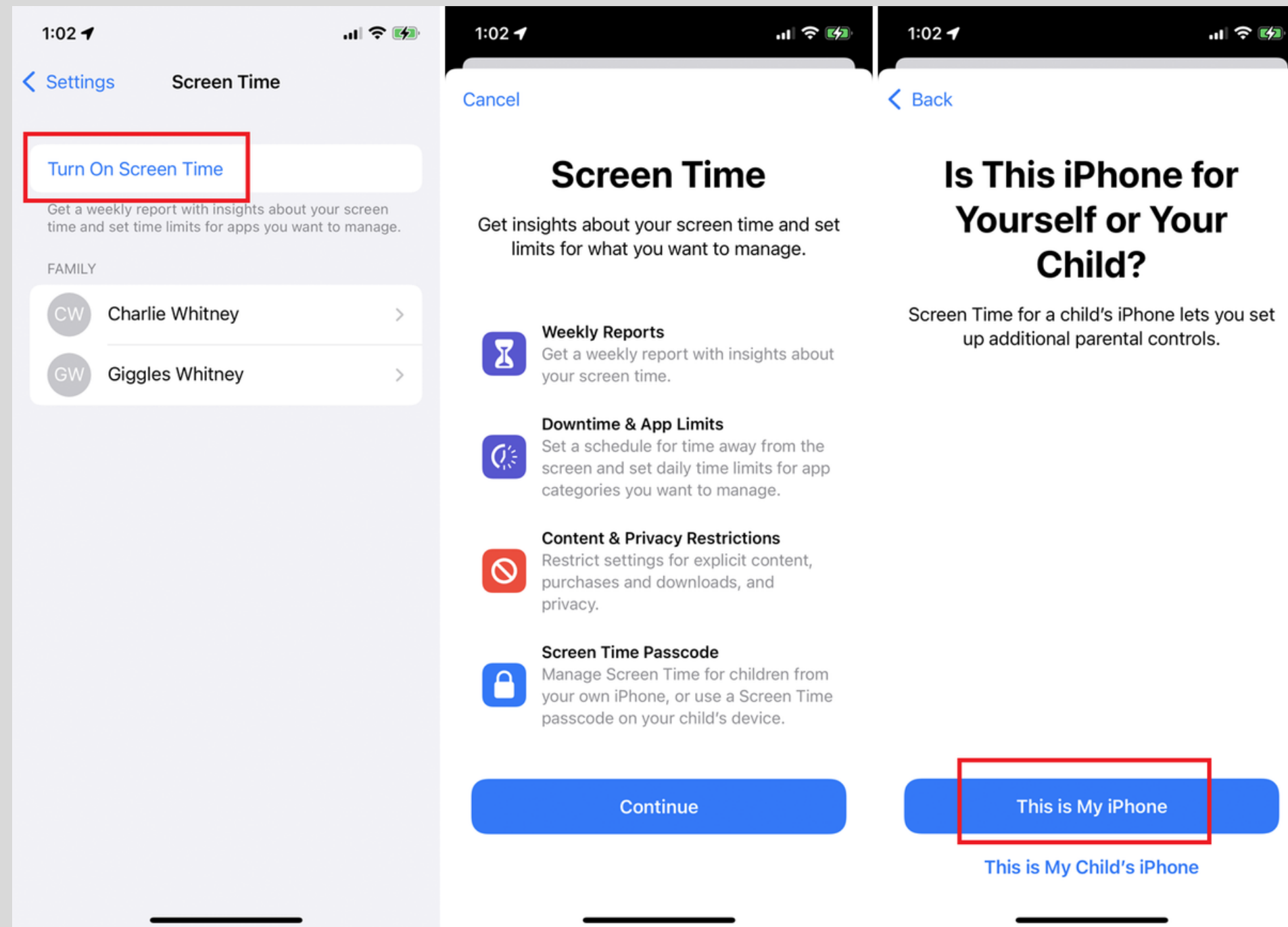
OTHER
PAY
OPTIONS

Pay



Apple Screen time

Set it up on your child's Smartphone



- 01** You need to run the most up to date software.
- 02** You can set up a password on your child's iPhone/iPad.
- 03** You can see the Screen Time records across different devices as long as they are under the same iCloud.
- 04** You can set up a downtime where the device is blocked. I.e. block access to it overnight to most apps.
- 05** You can set up app and website limits. These block the app after it has been used for a certain amount of time.

Google Family Link

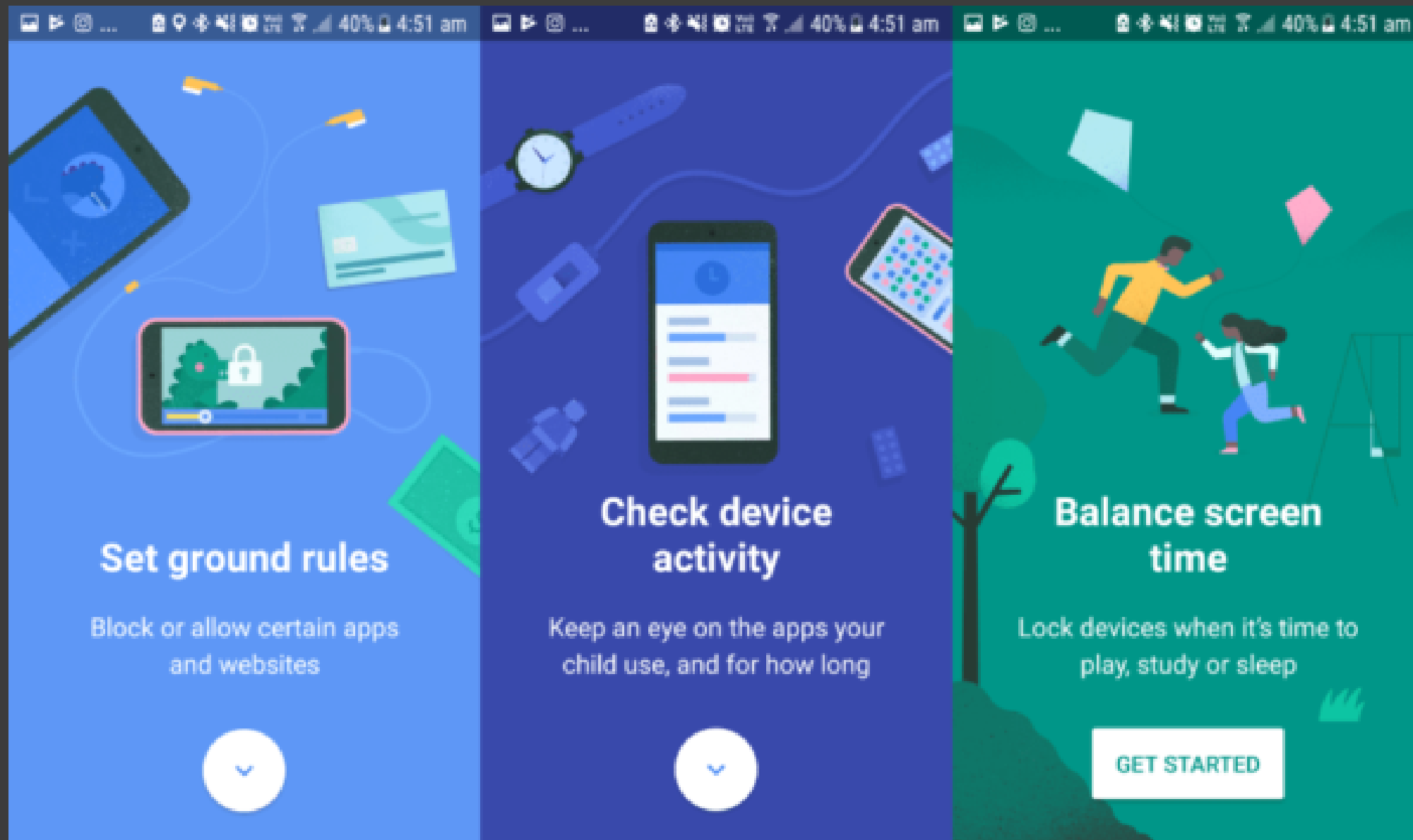
VALID FOR EXISTING ACCOUNTS

You can create a family group by inviting family members via their Google Accounts (or creating new ones, for under-13s), and once you've set it up, you can set limits on a per-account basis, not just one device.

AVAILABLE LIMITS

- You can set time limits and bedtimes
- Block or allow specific apps
- Locate devices
- Hide specific apps

It will also notify you if your family members try to download apps from the Play Store, allowing you to approve or deny the request.



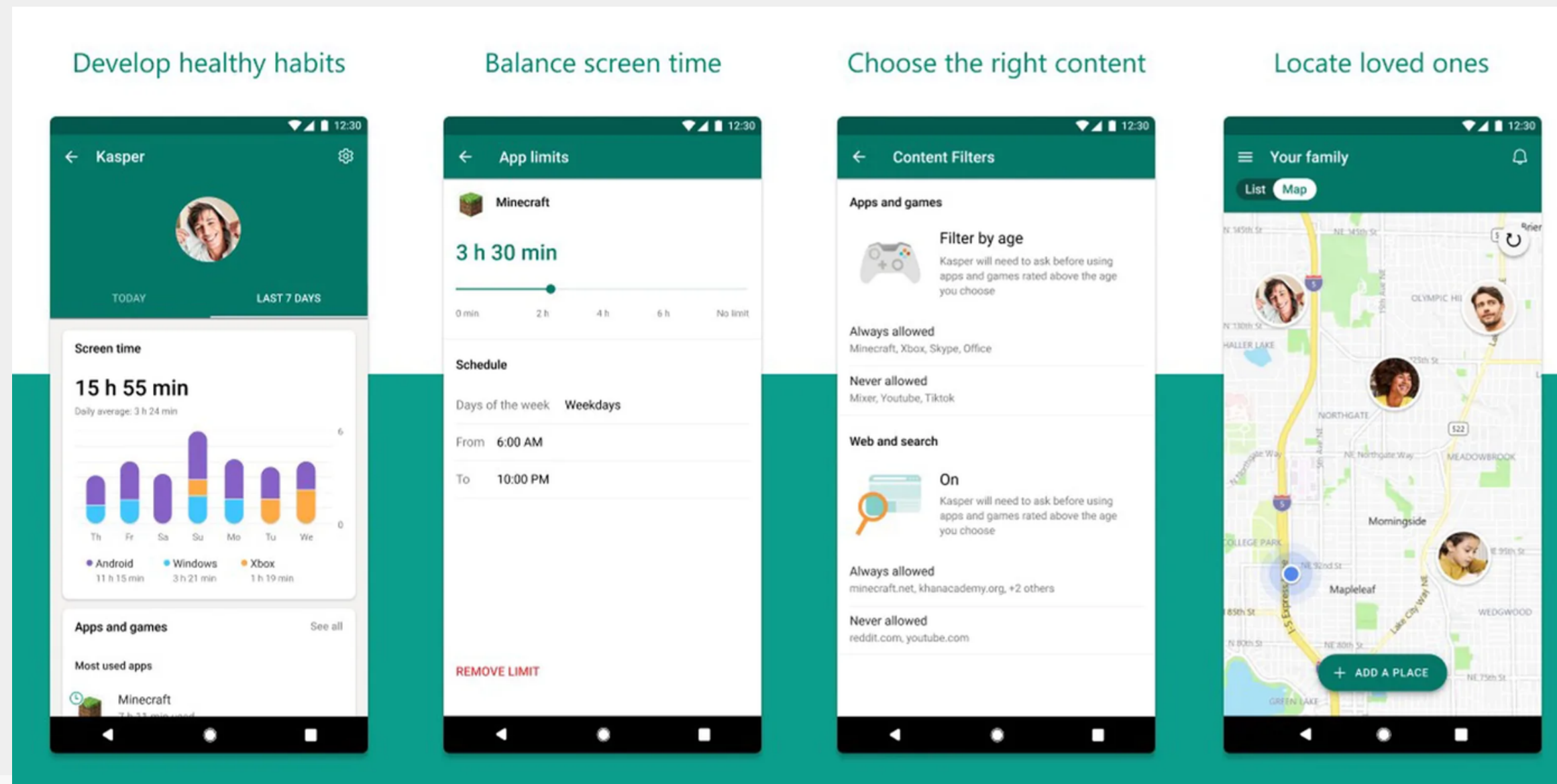
Microsoft Family Safety

01 You need to invite each person you want to monitor to be a part of your online family. Use an email address, phone number, or create an Outlook account for each member. Up to 6 family members.

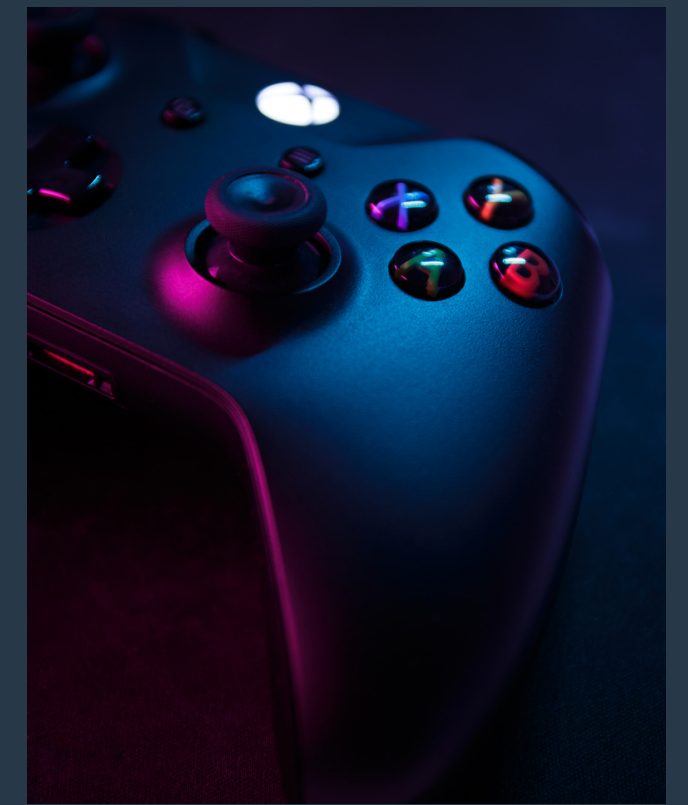
02 You can turn on activity reporting and web filtering for their devices.

03 Set screen time limits, track their location and observe their driving habits.

It is compatible with both Apple and Android devices. Needs to be set up on the website before using it on the device.



XBOX FAMILY SETTINGS APP



SET SCREEN TIME

AND UPDATE CONTENT RESTRICTIONS

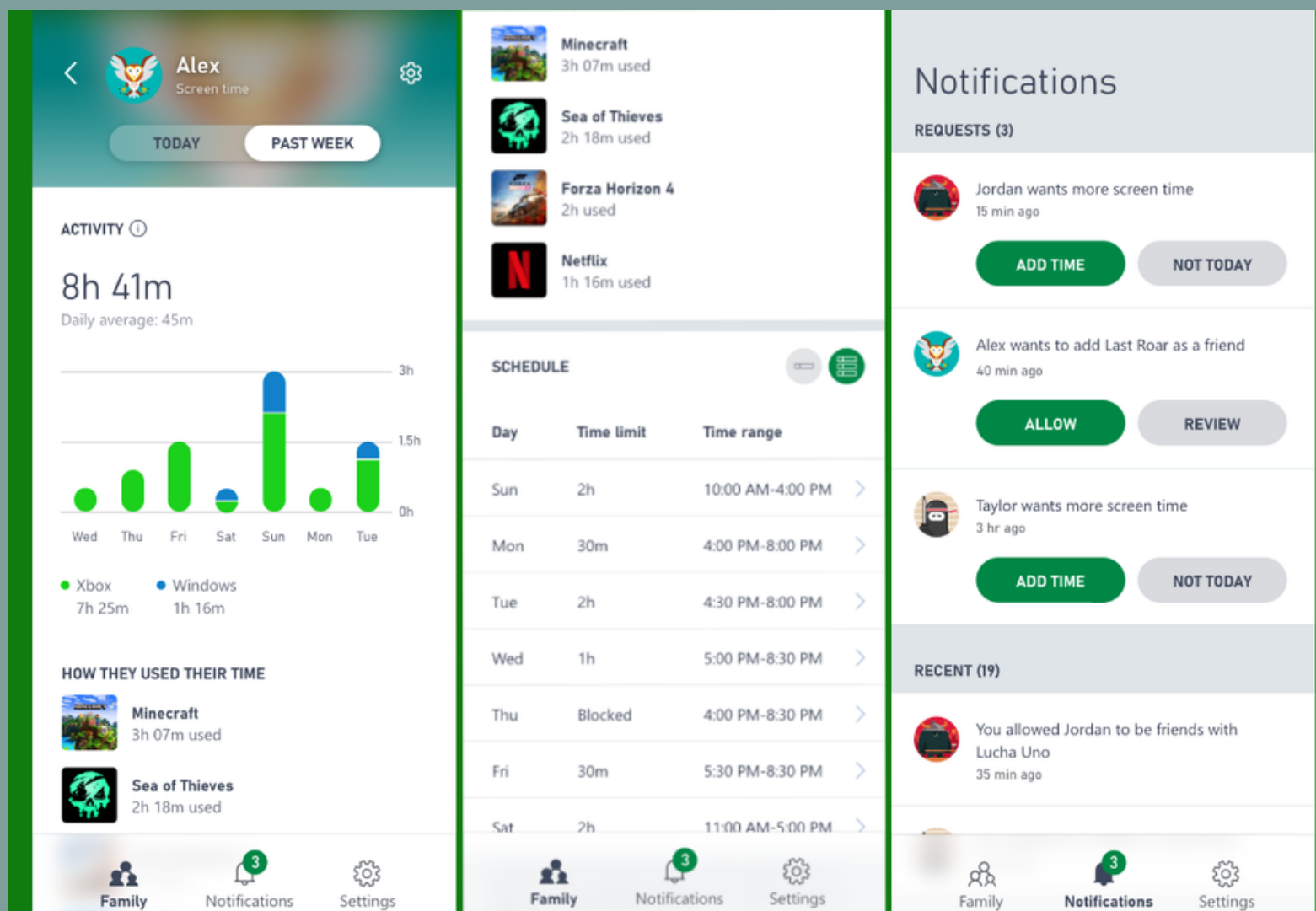
Check activity and limit the time each game is available for.

MANAGE YOUR CHILD'S SPENDING

Get notifications when your child requests to have more time.

INCOMING REQUESTS

Friends & online interactions



PlayStation Parental Control

(Found on the PS Settings)



In order to set parental controls, you will need your own account for PlayStation Network and an account for each child.

If you set up the child accounts, you will automatically be the family manager. If someone else sets up the child accounts, they can appoint you as a "guardian" to enable you to set parental controls and spending limits.

You can:

Set an spending limit

Control playtime

Select the appropriate age for games

Prevent any chatting or messaging



Qstodio

Supported by all platforms. You can filter content and apps, monitor activity, set time limits, etc.

Price = 5 devices, 10 devices or 15 devices. £39.95/year the cheapest.

Karspesky safe kids

GPS tracking, screen-time control, web and app filters, YouTube safe search, etc.

Price= £14.99/year

Norton security family

Activate school time, locate the device, set time limits, parental supervision filters, etc.

Price= £29.99/year

Pay options

Click on the image to access the guides

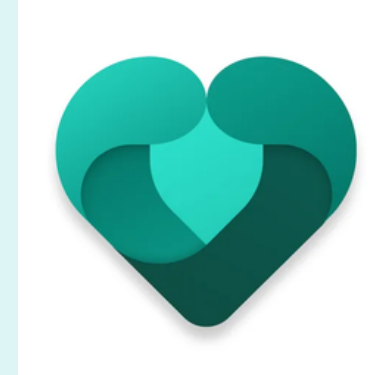
APPLE



GOOGLE



MICROSOFT



XBOX



PLAY STATION



PAY OPTIONS
REVIEWS



kaspersky

COMPARISON

Apple - Google - Microsoft



*Thank
you!*