

KEEPING OUR CHILDREN SAFE & WELL

Saturday 11 November 2023
Lasswade High School
9:15-12.45

Gail Currie

Parental & Learner Liaison Officer

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9.15-9.30	Registration, pastries, tea & coffee
9:30-9:35	Welcome
9:35-10:20	Parent Network Scotland • Parent Network Scotland and the Scottish Academy and how this journey and the United Nation's Convention on the Rights of the Child (UNCRC) helps prepares parents to champion of their children's rights • How building knowledge of the UNCRC can strengthen the family relationship • The Academy Journey and the role of the UNCRC • It starts with YOU - What can we do as parents to support the family in keeping children respected and safe and well • Parent Journey with the UNCRC • How can we altogether support each other and ensure all children are nurtured and safe
10.20-10:45	BREAK – tea, coffee & cake Whilst you enjoy break and speaking to other parents/carers there will be a market place providing an opportunity to learn more about supports available to families across Midlothian, both from the Council as well as other partners.
10:45-11:30	Dr Kirsty Quinn, Principal Educational Psychologist, Midlothian Council Building emotional resilience with our children How do we make sure we are helping our children learn to manage ups and downs and feel ready to face challenges? This session will focus on how we respond to children's emotions and help them stay within their window of tolerance.
11:35-12:35	Workshops
12.40-12.45	Gail Currie, Parental & Learner Liaison Officer, Midlothian Council Plenary & thanks

Workshops

Workshops will be offered to allow parents/carers to learn more about particular areas of interest. To allow you the best chance to attend your chosen session, you will be asked to make a 1st and 2nd choice as workshops will only run if there is enough interest. If you do not make a choice, workshops will be allocated for you.

Workshop choices	Midlothian Young People Advice Service (MYPAS) Our Service Come and hear about what supports MYPAS can offer children and young people across Midlothian. This includes Art Therapy, Counselling, Drug and Alcohol Support and their LGBT+ Service
	MYPAS Positive Approach to Risk This session discussed Positive Approach to Risk. This can help to support discussions at home about more complicated decisions faced by young people in society today. There will also be signposting and guidance to supports in our local community
	Parent Network Scotland Parent Council Workshop Is Parent Council for you? Parent Councils are very different to how they used to be and there really is something for everyone to do. Come and find out how you can support your school community.
	Digital Inclusion & Learning Team, Midlothian Council Making the Most of Devices for Learning Find out more about how to help your child stay safe online and learn more about how you can support them to make best use of their device for learning.
	Jennifer Hodson, Education Support Officer, Midlothian Council Claire Brookes, Co-Chair of GIRFEC sub group for Children's Rights Children's Rights in Midlothian Come hear about how we are embedding a Children's Rights Strategy for Midlothian. We'll be asking you to share your thoughts about Children's Rights in Midlothian to help feed into the further development of the strategy both within education and through our community partners.

Childcare facilities

Free childcare provision is available in the school (P1-S2) for parents wishing to attend this event. Please complete the form when booking a place on Eventbrite. Places are limited.